

# Sharlet M. Briggs PhD

## CV



Sharlet M. Briggs has been interested in brain function and its impact on communication and behaviors for over a quarter of a century. Emerging research from brain-imaging studies has opened a new window into organizational performance.

Having been affiliated with healthcare for most of her career, she understands the challenges, roadblocks, and opportunities faced by business leaders in the challenging arena of healthcare.

She uses her expertise in community presentations, facilitating business groups, providing seminars and workshops, and counseling leaders.

Passionate about the positive contributions that brain-function information can make when practically applied, Briggs speaks internationally, sharing brain-function and healthcare information in a practical, engaging, and enlightening style.

President and Chief Executive Officer  
San Joaquin Community Hospital

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## Selected Professional Activities

- Registered Health Information Administrator
- Owner/Consultant: The wealthy Daughter LLC
- Licensed Real Estate Agent, State of Tennessee
- Licensed Clinical Pastoral Counselor with board certifications
  - Cognitive Therapy
  - Death & Grief Therapy
  - Integrated Marriage and Family Therapy
  - Sexual Therapy
  - Child & Adolescent Therapy, L.C.P.C.
- Additional Certifications
  - Six Sigma - Master Black Belt
  - Lean Management
  - Project Management
- Advisor for CareRight in Uganda
- Adventist Health System
  - Department Manager
  - Regional Director
  - Northern California Regional Director
  - Regulatory specialist
  - Corporate Director
  - Consultant
  - Senior Vice President
  - Chief Operating Officer
  - President and Chief Executive Officer

- Community Involvement
  - Pacific Health Education Center
  - Kern Leadership
  - Mendocino County Leadership
- Affiliated with National Christian Counselors Association, Florida, USA
- Humanitarian trips abroad

## What People Say

- What an incredible difference you have made. The Cultural Revolution you've engineered in our Health Information Management department has been truly extraordinary. Thank you!

—Terry Burns, CEO  
Ukiah Valley Medical Center

- What I love about what Sharlet Briggs does is that her focus every day is to be preparing the organization as though we had an outside regulatory agency coming in on a daily basis.

—Doug Duffield, Adventist Health CEO, in an interview with  
Casey Christie of the *Bakersfield Californian*, August 19, 2013

- You have an infectious "this-can-be-done-it's-not-as-hard-as-you-think" attitude. Because of that amazing quality you enable individuals to change their perceptions and as a result...they are able to change their realities. Label me as your #1 fan.

—Esther Tolentino, Health Information Management  
Adventist Health System

- You and your team made a HUGE difference with this regulatory inspection. To be given a clean bill with the prior issues is wonderful. Many thanks. You are making a difference!

—Jerry Chaney, Vice President for Nursing Services  
Ukiah Valley Medical Center

- As the Chief of Staff, I observed an urgent need for better collaboration and teamwork between the medical staff and Health Information Management. Within a matter of weeks after Sharlet's arrival, I observed outstanding improvements in quality, efficiency, customer service, and staff morale. A team of surveyors who inspected our facility a few months later commented on the complete turnaround in all measures of performance related to the management of medical records. Sharlet did an amazing job leading that effort, and in creating a sustainable service culture that supports the work of the medical staff.

—Dale Morrison MD, Chief of Staff  
Ukiah Valley Medical Center

## Publications

Dr. Briggs is part of the Longevity Lifestyle Matters Team and contributed to the development of program components including:

- Longevity Lifestyle Matters Program – a brain-based 12-week program including:
- Longevity Lifestyle Matters – paperback, audio, eBook
- LLM Companion Notebook – Paperback, eBook
- LLM Certified Facilitator training course
- Longevity Lifestyle matters Expedition Game

Dr. Briggs has authored articles in various publications and authored and coauthored books, including the following:

- Adventures of the Longevity Mystery Club – paperback, audio, eBook
- Adventures Series
  - Adventures of Aimi – paperback, audio, eBook
  - Adventures of Stella – paperback, audio, eBook
  - Adventures of Buddy-the-Beagle (in process)
  - Adventures of the Longevity Mystery Club – paperback, audio, eBook
- Age-Proofing Your Brain, 2<sup>nd</sup> Edition – paperback, audio, eBook
- Age-Proofing Your Memory (four versions) – paperback

## Education

- Doctor of Philosophy in Clinical Christian Psychology, Summa Cum Laude; Cornerstone University, Grand Rapids, MI,
- Masters in Clinical Counseling; Cornerstone University, Grand Rapids, MI, USA
- Bachelors of Arts in Business Administration; University of Phoenix, Phoenix, AZ, USA
- Registered Health Information Technician, American Health Information Management Association; Chicago, IL, USA

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